

STARTING OBJECTIVES

<input type="checkbox"/>	Create a Task <i>Add a task for something you would like to accomplish this week</i>
<input type="checkbox"/>	Complete a Task <i>Check off any of your tasks to earn rewards</i>
<input type="checkbox"/>	Hatch a new pet <i>Complete tasks to get a Hatching Potion and Egg then hatch your Pet!</i>
<input type="checkbox"/>	Feed a pet <i>Complete tasks to get food! You can feed it to your pet from Pets & Mounts</i>
<input type="checkbox"/>	Purchase Equipment <i>Equipment is a way to customize your avatar and improve your stats</i>

I want to work on:	
Work	Exercise
Health	School
Teams	Chores
Creativity	Other

I want to work on:	
Work	Chores
Exercise	Creativity
Health & Wellness	Self-Care
School	

HABITS

Task Title:			
Notes:			
	+ Positive	- Negative	
Trivial	Easy	Medium	Hard
Daily	Weekly	Monthly	
Positive:	0	Negative:	0

	Tap here to edit this into a bad habit you'd like to quit <i>Or delete it from the edit screen</i>	-
+	Add a task to Habitica <i>Either a Habit, a Daily or a To Do</i>	
+	Study a master of the craft	
+	10 minutes cleaning	
+	Check in with team	
+	Study/Procrastinate	-
+	Eat healthy / junk food	-
+	10 min cardio	
+	Process email	

+	Take a short break	
+	Study a master of the craft » + Practiced a new creative technique	
+	10 minutes cleaning	
+	Study/Procrastinate	-
+	Eat Health/Junk Food	-
+	10 minutes cardio » + 10 minutes cardio	
+	Process email	
	Click here to edit this into a bad habit you'd like to quit Or delete it from the edit screen	-
+	Add a task to Habitica Either a Habit, a Daily or a To Do	

DAILIES

Task Title:			
Notes:			
Checklist + New checklist entry			
Trivial	Easy	Medium	Hard
Daily	Weekly	Monthly	Yearly
Every:	1	Days	
	1	Weeks	
	1	Months	Day of Month
			Day of Week
	1	Years	
	Streak:	0	

<input type="checkbox"/>	Work on creative project
<input type="checkbox"/>	Wash Dishes
<input type="checkbox"/>	Update team on status
<input type="checkbox"/>	Do homework
<input type="checkbox"/>	Floss
<input type="checkbox"/>	Stretching
<input type="checkbox"/>	Most important task

<input type="checkbox"/>	5 minutes of quiet breathing <i>Tap to choose your schedule!</i>
<input type="checkbox"/>	Work on creative project <i>Tap to specify the name of your current project + set the schedule!</i>
<input type="checkbox"/>	Wash Dishes <i>Tap to choose your schedule!</i>
<input type="checkbox"/>	Finish homework <i>Tap to choose your homework schedule!</i>
<input type="checkbox"/>	Floss <i>Tap to make any changes!</i>
<input type="checkbox"/>	Stretching » Daily workout routine <i>Tap to choose your schedule and specify exercises!</i>
<input type="checkbox"/>	Most important task » Worked on today's most important task <i>Tap to specify your most important task</i>

TO DO'S

Task Title:			
Notes:			
Checklist + New checklist entry			
Trivial	Easy	Medium	Hard
	Due Date:	Day, Mon DD	YYYY
Reminders + New reminder			

○	Join Habitica (Check me off!) <i>You can either complete this To Do, edit it, or remove it.</i>
○	Finish creative project
○	Organize closet
○	Complete team project
○	Finish assignment for class
○	Schedule check-up
○	Set up workout schedule
○	Work Project

○	Engage in a fun activity <i>Tap to specify what you plan to do!</i>
○	Finish creative project <i>Tap to specify the name of your project</i>
○	Organize closet » Organize clutter <i>Tap to specify the cluttered area!</i>
○	Finish assignment for class <i>Tap to name the assignment and choose a due date!</i>
○	Schedule check-up » Brainstorm a healthy change <i>Tap to specify the cluttered area!</i>
○	Set up workout schedule <i>Tap to add a checklist!</i>
○	Work Project » Complete work project <i>Tap to specify the name of your current project + set a due date!</i>
○	Join Habitica (Check me off!) <i>You can either complete this To Do, edit it, or remove it.</i>

REWARDS

Task Title:			
Notes:			
Checklist + New checklist entry			
	Cost:	10	
Tags:			

Reward yourself

0

Watch TV, play a game, eat a treat, it's up to you!

Reward yourself

0

Watch TV, play a game, eat a treat, it's up to you!